

AR Council for Exceptional Children Pre-Conference
Self-Regulation: Educator and Related Service Roles

**Wednesday,
June 15th
8:30 a.m.—11:30 a.m.**

**Embassy Suites of
Little Rock**



**Only
\$55**

Presented by:

Amy Goddard, OTR/L,CKTP and Jeff Adams, Ed.D., CCC-SLP

Amy's experiences include using assistive technology in the classroom and in therapy, the speech generating device evaluation-process to product, sensory integration, autism, and traumatic brain injury. Amy is a consultant and the lead OT on the AT and Augmentative-Alternative Communication teams for Easter Seals Outreach.

Jeff's experience includes the provision of speech-language pathology services to children and adults with traumatic brain injuries, cerebral palsy, autism and genetic syndromes in school and rehabilitation settings. Jeff is a speech language pathology trainer and consultant with the Easter Seals Outreach program.

Self-regulation is the ability to monitor and control one's own behavior, emotions, or thoughts, altering them in accordance with the demands of the situation (Cook, 2014). This skill is often challenging for students with special needs. With intervention, self-regulation can be addressed and improved. In this session, participants will learn specific ways to help students who struggle with self-regulation to cope throughout the school day.

Participants will be able to:

- define self-regulation and readiness to learn
- identify 3 strategies to address self-regulation throughout the school day
- identify 3 visual supports to use to when teaching self-regulation

Sponsored by:

Arkansas Subdivision on Autism and Developmental Disabilities (AR-DADD)

Registration: <http://cec.k12.ar.us/conference.html>
(Online or Mail-In Registration Available)

Questions: reyres@eastersealsar.com



The voice and vision of special education